Appendicular muscular system
Muscles that act on the pectoral girdle
Muscles that act on the arm
Muscles that act on the forearm
Fig 11-6

(b) Superficial muscles, anterior view
Muscles that act on the wrist/hand
Fig 11-8

(a) Anterior view, superficial

- Biceps brachii
- Medial epicondyle
- Pronator teres
- Brachialis
- Brachioradialis
- Flexor carpi radialis
- Palmaris longus
- Flexor carpi ulnaris
- Pronator quadratus
- Flexor retinaculum
- Lateral
- Medial
(d) Posterior view, superficial
Muscles that act on the thigh

- Iliossoas group-psoas major & iliacus
Fig 11-10

(a) Posterior view, deep muscles
(c) Gluteal and lateral rotators, posterior view
This picture may be on the test.

(a) Anterior view
(a) Quadriceps and thigh muscles, anterior view
Muscles that act on the thigh & leg

• Hamstrings-semitendinosus, semimembranosus, & biceps femoris long head
Muscles that act on the leg

• Quadriceps-rectus femoris, vastus medialis, vastus intermedius, & vastus lateralis

• The vastus intermedius is deep to the rectus femoris
Fig 11-12

(a) Quadriceps and thigh muscles, anterior view
Muscles that act on the leg & foot
Muscles that act on the foot & toes

- Peroneus is another name for fibularis
- Peroneus longus/Fibularis longus
- Flexor hallucis longus/Flexor digitorum longus/Tibialis posterior are deep to the Soleus
Fig 11-15

(a) Superficial muscles, posterior view