

**CUYAMACA COLLEGE**  
COURSE OUTLINE OF RECORD

**Psychology 119 – Psychology of Gender**

3 hours lecture, 3 units

**Catalog Description**

This course provides an in-depth exploration of the psychological experiences of people, with a focus on understanding how sex and gender intersect with race, ethnicity, sexuality, class, size, ability, and other identity factors. Students will engage with a comprehensive examination of the biological, historical, social, and cultural factors that influence the lives, identities, and experiences of people with diverse backgrounds. Through an intersectional lens, the course will analyze how these factors shape personalities, behaviors, worldviews, perceptions, and self-concepts. The course will focus on a variety of topics within the broader social and cultural context, including but not limited to: gender-role stereotypes; socialization practices; biological understandings of sex; as well as issues related to health, work, violence, reproduction, and caregiving. *Also listed as GEND 119. Not open to students with credit in GEND 119.*

**Prerequisite**

None

**Course Content**

- 1) Introduction to concepts such as sex, gender, patriarchy, gender socialization, intersectionality, privilege and oppression, etc.
  - a. How gender intersects with other forms of oppression and systems of power
- 2) Social Science Research Methods
- 3) Theoretical concepts from Gender Studies & Feminist Psychology
- 4) Analysis of biological bases of sex
  - a. Understand gender throughout the lifespan
- 5) Intersections of gender with other social identities: race, ethnicity, socio-economic status, sexuality, culture, dis/ability, age, religion, etc.
- 6) History of gender stereotypes and their links to sexism and oppression
  - a. Stereotype content model
  - b. Female-male differences in workplace dynamics
- 7) Gender roles and cultural expectations
- 8) Health outcomes
  - a. Gender disparities in research
  - b. Physical health
    1. Maternal and infant mortality
      - (a) Racial inequities
    2. Reproductive Rights & Justice
      - (a) Control over reproduction (abortion, access to birth control, etc.)
      - (b) History of eugenics and sterilization of Women of Color
      - (c) Right to healthcare and safe and healthy living environment
    3. Gender disparities in pain management
  - c. Mental health
  - d. Gender-affirming healthcare
- 9) Violence against women and girls
- 10) Caregiving and the labor of care

- a. Socialization of caregiving
- b. Mental and emotional labor
- c. 2nd and 3rd shift

#### 11) Organizing

- a. Grassroots activism and coalition building

### **Course Objectives**

Students will be able to:

- 1) Articulate an understanding of complex and intersectional realities.
- 2) Analyze how gender intersects with other forms of oppression and systems of power.
- 3) Evaluate the social construction of gender and how it influences the experiences of individuals and groups.
- 4) Analyze a range of gender issues, including parenthood, gender-based violence, reproductive justice, economic issues, marriage and relationships, political leadership, employment, and physical and mental health issues.
- 5) Integrate personal perspectives with theories and current research findings.

### **Method of Evaluation**

A grading system will be established by the instructor and implemented uniformly. Grades will be based on demonstrated proficiency in subject matter determined by multiple measurements for evaluation, including quizzes and exams, writing assignments, in-class activities, and research projects that measure students' ability to do the following:

- 1) Articulate an understanding of complex and intersectional realities.
- 2) Analyze how gender intersects with other forms of oppression and systems of power.
- 3) Evaluate the social construction of gender and how it influences the experiences of individuals and groups.
- 4) Analyze a range of gender issues, including parenthood, gender-based violence, reproductive justice, economic issues, marriage and relationships, political leadership, employment, and physical and mental health issues.
- 5) Integrate personal perspectives with theories and current research findings.

### **Special Materials Required of Student**

None

### **Minimum Instructional Facilities**

- 1) Smart classroom with writing boards, overhead projector
- 2) Library with adequate collections related to women's studies

### **Method of Instruction**

- 1) Lecture and discussion
- 2) Small and large group discussion
- 3) Multimedia presentations
- 4) Individual and group projects, structured in-class exercises
- 5) Textual analysis of sources
- 6) Library materials and internet exploration
- 7) Auxiliary use of study groups, peer tutoring and/or instructional office hours

### **Out-of-Class Assignments**

- 1) Reading assignments, reading response questions, reading journals
- 2) Metacognitive reflections
- 3) Textual analysis of sources
- 4) Projects
- 5) Papers and writing assignments

**Texts and References**

- 1) Required (representative examples):
  - a. Tischner, I., and M. O'Neill (2023). *The Psychology of Gender*. 3rd ed. Washington State University Open Press. <https://opentext.wsu.edu/psychology-of-gender/front-matter/the-psychology-of-gender-2/>
  - b. Helgeson, V. S. (2020). *The Psychology of Gender*. 6th ed. Taylor & Francis.
  - c. Bosson, Buckner, & Vandelle (2022). *The Psychology of Sex and Gender*. 2nd ed. Sage Publishing.
  - d. Brannon, L. (2016). *Gender: Psychological Perspectives*. 7th ed. Allyn and Bacon.
- 2) Supplemental: None

**Student Learning Outcomes**

Upon successful completion of this course, students will be able to:

- 1) Analyze the intersections of gender with race, ethnicity, class, sexuality, and other identity factors in various contexts, including struggles for equality in U.S. society.
- 2) Analyze gendered societal and cultural norms.
- 3) Apply the history and theories of feminist and gender movements to current issues affecting all genders and to students' own lives and experiences.
- 4) Develop and support an argument or thesis statement with reliable, scholarly evidence.