**GROSSMONT-CUYAMACA COMMUNITY COLLEGE DISTRICT**

**CLASS TITLE: ATHLETIC TRAINER RANGE 37**

**SUMMARY:**

Under the direction of an assigned supervisor in athletic department, administer first aid and preventive and rehabilitative treatment to athletes involved in various inter-collegiate sports.

**ESSENTIAL FUNCTIONS:**

Evaluate and treat injuries; administer emergency first aid to athletes; refer injured athletes to a physician according to established procedures.

Administer rehabilitative treatment to athletes as prescribed by a physician; operate a variety of therapeutic equipment such as whirlpool, ultrasound, therapeutic exercise and other modalities; inform coaches of condition and availability of injured athletes.

Attend athletic events as assigned and administer emergency first aid treatment. Tape ankles, knees, wrists, elbows, shoulders, ribs and other areas of athletes before, during and after practice or games.

Counsel athletes regarding injury care, prevention and treatment programs.

Establish and maintain accurate records and reports including injury and insurance reports and detailed records concerning injuries, treatment and other health matters; process insurance claim forms for athletic injuries as required.

Organize and supervise physical examinations for college athletic teams.

**SECONDARY FUNCTIONS:**

Train and provide work direction to student athletic trainers and assigned helpers as required.

Assist in the preparation of departmental budget as required.

**KNOWLEDGE AND ABILITIES:**

**KNOWLEDGE OF:**

Types of athletic injuries and appropriate methods of prevention and treatment.

Applicable sections of the State Education Code and other laws.

Modern techniques of preventive and rehabilitative treatment used in athletics.

Principles of physiology, kinesiology, anatomy and first aid.

Ability to evaluate sports facilities, fields, and equipment for safety.

Taping, bandaging and physical therapy techniques.

Physical fitness, hygiene and safety procedures related to athletic programs.

Recordkeeping techniques.

Interpersonal skills and decorum.

Oral and written communications skills in dealing with students, athletes, physicians and physical therapists.

Technical aspects of field of specialty.

**ABILITY TO:**

Evaluate and treat a variety of athletic and sports-related injuries.

Administer advanced first aid and physical therapy.

Operate a variety of therapeutic, exercise equipment and modalities.

Tape athletes and apply protective devices and pads.

Maintain comprehensive records of rehabilitation and injury management.

Train and provide work direction to others.

Analyze situations accurately and adopt an effective course of action.

Maintain currency of qualifications for area of assignment.

Establish and maintain cooperative and effective working relationships with others.

Lift heavy objects.

Communicate effectively both orally and in writing.

Travel to athletic events as requested.

Understand various modalities used in physical therapy and injury rehabilitation.

Work independently with little direction.

Follow departmental policies and procedures.

Meet schedules and time lines.

Plan and organize work.

Communicate effectively with students, staff, athletes and physicians.

**EDUCATION:** A bachelor’s degree in physical education.

**EXPERIENCE:** Two years’ experience as an athletic trainer.

**LICENSES AND OTHER REQUIREMENTS:**

Valid California driver's license and ability to qualify for district vehicle insurance coverage; valid First Aid Certificate and CPR certification issued by the American Red Cross or other authorized agency; possession and maintenance of National Athletic Trainers Association (N.A.T.A.) Certification.

**WORKING CONDITIONS:**

Indoor and outdoor environment; subject to inclement weather, traveling to athletic games and lifting a maximum of 50 pounds.

Est. 5/87

Rev. 11/00

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